



MURILLO BIKE PLANET  
Ctra. A123 km. 38 s/n  
Murillo de Gállego 22808  
Tel. 619 34 85 89  
info@murillobikeplanet.es

## INFORMED CONSENT

Sir/Miss  
resident in

DECLARE:

To have been informed of the characteristics of the activity to be carried out, as well as the protocols for the prevention of contagion of COVID-19, all this explained on our website [www.murillobikeplanet.es](http://www.murillobikeplanet.es). Therefore I accept the following requirements:

- Be in optimal physical condition to carry out the contracted sports activity.
- In the case of being a woman, not be pregnant.
- Not being under the influence of drugs or alcohol • Understand and assume the existence of various dangers during the course of the activity and that I freely assume the risks inherent in the activity.
- Assume my obligation to always follow the instructions of the guides and monitors, and respect at all times the environment and the rest of the participants in the activity.
- Provide the individual material detailed in the activity file (water bottle required).
- It is essential to bring a surgical mask such as PPE, and not show symptoms typical of COVID-19 (fever, tiredness, runny nose, dry cough, etc.)

Murillo Bike Planet reserves the right to modify or cancel the activity to be carried out depending on the weather circumstances, terrain conditions, or in the event that the physical or psychological state of the participants is not adequate.

Murillo Bike Planet has the corresponding degrees and Accident and Civil Liability insurance.

I accept the taking of audiovisual content and its use in public and private media by Murillo Bike Planet.

Date \_\_\_\_\_

Sing: